

inSTALLations

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Kid Connections Go Play Outside!



Catching frogs, building forts, walking on logs, chasing butterflies, peeking in nests, and sneaking through tall grass in search of snakes and grasshoppers - these are the things many people remember of their childhood summers. These are the

very same things we offer to campers, preschoolers, and visitors here at Chippewa Nature Center.

Recent research suggests that kids who spend free time in the outdoors reap all kinds of benefits. Natural play with other children helps kids develop social skills. Young children who play in the fields and woods develop better balance and coordination than those restricted to flat, groomed surfaces. Kids who spend time outdoors become more aware of their surroundings and often feel connected to the natural world. Some research even suggests that time in nature can reduce the symptoms of attention-deficit hyperactivity disorder.



Here at CNC we hope to help connect everyone with the natural world. So, no matter your age, we encourage you to go outside and play!

Visit the Information Desk for program information.

Natural Connections

The Children and Nature Network (childrenandnature.org) offers resources for individuals and organizations who are interested in connecting children with nature.

The **Michigan No Child Left Inside Coalition** is a group of organizations dedicated to reconnecting Michigan's children with the outdoors.



In 2008, legislation entitled "No Child Left Inside Act" was introduced in the US Congress. The goal of this legislation was to integrate environmental education across core subject areas. Sponsors plan to reintroduce this legislation in 2009.

